



United Nations  
Educational, Scientific and  
Cultural Organization



San'in Kaigan  
UNESCO  
Global Geopark

# Mt. Kabuto Climbing Course

The view of Kumihama Bay & Shotenkyo Sandbar



San'in Kaigan Geopark Walk model course  
(San'in Kaigan National Park)

First edition: 2013.1.29 Last updated: 2018.2.28

Kumihama Bay is a lagoon that is blocked off from the Sea of Japan by a sandbar called Shotenkyo. Mt. Kabuto is an isolated mountain made up of volcanic rocks that rise up in the center of the Kumihama Bay. Visitors are able to enjoy a unique panorama created by the magnificent Sea of Japan and its currents from here.



Mt. Kabuto looks like an island sticking out from Kumihama Bay. It is not particularly high (191.7 m), but the view from its peak is excellent thanks to its surroundings.

**Quiz!**  
What is the winter delicacy farmed in Kumihama Bay?  
The answer is at the back.

### Basic Course

**Start** Estimated walking time

- KTR Koyama Station**  
35 min ↓ About 2km
- ①Mt. Kabuto Park**  
17 min ↓ About 700m
- ②Hitokui-iwa Rock (Man-eater rock)**  
2 min ↓ About 100m
- ③Kumano Shrine**  
2 min ↓ About 100m
- ④Mt. Kabuto Observatory**  
30 min ↓ About 1.7km
- ⑤Kosan-ji Temple**  
14 min ↓ About 700m
- KTR Koyama Station**

Necessary time: 1h 40min  
Total distance: About 5.3km

### Short Course

**Start** Estimated walking time

- ①Mt. Kabuto Park**  
17 min ↓ About 700m
- ②Hitokui-iwa Rock (Man-eater rock)**  
2 min ↓ About 100m
- ③Kumano Shrine**  
2 min ↓ About 100m
- ④Mt. Kabuto Observatory**  
19 min ↓ About 900m
- ①Mt. Kabuto Park**

Necessary time: 40min  
Total distance: About 1.8km

### Optional Course

**Start** Estimated walking time

- ⑤Kosan-ji Temple**  
15 min ↓ About 800m
- ⑥Tsukanonaru Burial Mounds**  
8 min ↓ About 500m
- ⑦Lotus Pond**  
16 min ↓ About 1km
- KTR Koyama Station**

Necessary time: 2h5min  
Total distance: About 6.9km  
(In addition to the Basic Course)



### A little detour on the way

**Start** Estimated walking time

- KTR Kan'no Station**  
20 min ↓ About 1.2km
- Roadside Rest Area Kumihama SANKAIKAN**

Check here for a variety of fresh foods, souvenirs and local specialties unique to Kumihama

Boat tour captains will explain the history, culture and nature of Kumihama Bay.

Boarding point for Kumihama Bay boat tour  
(Reservation required: TEL.0772-82-0045)

To preserve these beautiful natural assets, please leave stones and plants as they are. Keep out of dangerous places and do not go off-limits. What you can bring home with you are happy memories, photos and local souvenirs!!

### Legend

- Toilet
- Parking lot
- Restaurant
- Explanation signboard
- Route
- Best photo spot
- Watch your step
- Traffic hazards
- Rice paddy
- Farmland & pasture
- Orchard

