Kannabe Highlands Courses

Porous volcanic rocks or "scoriae" that erupted from the Kannabe Volcano became andosol and then transformed into land suitable for growing highland vegetables. Rainwater penetrates into the land consisting scoria becoming groundwater and springs downstream, where trout is cultivated.

①Kannabe Highlands Roadside Station
②IWakura Ancient Tomb
③Mt. Kannabe Scoria Cone and Crater
④View from Mt. Kannabe
⑤Cross-Section Surface: Scoria Layer
⑥Fuketsu Cave
⑦Tawaradaki Waterfalls
⑧Kambe Lava Flow Course
⑨Kambe Lava Flow-2: Ichigumi Stree
⑩Watarabaki Lava Knob Area
⑪Nidanaki Waterfalls / Lava Knob Area
⑫Kambe Lava Flow Kiyotaki Natural Trail
⑬Yama-Ima Shrine & Odd-Shaped Rocks
⑭Sunken Shrine
⑮Nori Valley Area
⑯San'in Kaigan Geopark Walk model course

Quiz 1
How steep is the slope of Mt. Kannabe? The answer is on the back.

Quiz 2
Volcanic rocks are mixed with other stones in the walls. Can you find them? *Note: Lava is bigger than other stones. (The answer is on the back)

To preserve these beautiful natural assets, please leave stones and plants as they are. Keep out of dangerous places and do not go off-limits. What you can bring home with you are happy memories, photos and local souvenirs.

Kannabe Lava Flow Course
①Kambe Lava Flow Kiyotaki Natural Trail
②Kambe Lava Flow-2: Ichigumi Stree
③Nidanaki Waterfalls / Lava Knob Area
④Kambe Lava Flow Kiyotaki Natural Trail
⑤Nori Valley Area
⑥Sunken Shrine
⑦Yama-Ima Shrine & Odd-Shaped Rocks
⑧Nori Valley Area
⑨Kambe Lava Flow-2: Ichigumi Stree
⑩Kambe Lava Flow Kiyotaki Natural Trail
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